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Second Chance methadone clinic to close

DECISION A controversial Calgary methadone clinic will be shutting down for good when its current lease expires.

Second Chance Recovery has been trying to find another location to operate from because it was operating in a non-medical zoned area but due to mounting costs, has decided to close its doors, according to lawyer Hugh Ham.

The centre provides treatment for up to 500 people who are trying to kick their heroin and prescription drug addictions.

The clinic was given until June 31 by the city's subdivision appeal board to find a new location.

METRO CALGARY

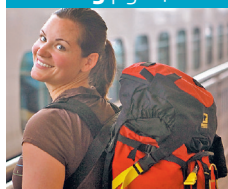
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Celebrity Buzz pg 22



Miley defends memoir

Learning pg 14



Benefits of going abroad

Thailand State of emergency



A supporter of Thailand's former prime minister Thaksin Shinawatra gestures as members of the Thai military take over the streets during violent protests yesterday in Bangkok. Anti-government protesters clashed with the military on the streets of Thailand's capital after the government declared a state of emergency on Sunday. The pro-Shinawatra demonstrators are calling for the resignation of Prime Minister Abhisit Vejjajiva and for fresh elections to be held. Story, pg 6

Dozens to file rights complaints over cuts

KRISTA SYLVESTER
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While transitioning for the past four years from male to female, Calgarian Mercedes Allen said the decision to make the process final has potentially been taken away from her.

And now the 40-year-old will be joining possibly dozens more tomorrow in filing human rights complaints against the Alberta government after funding was cut for gender reassignment surgeries last week to save \$700,000.

"I'm very upset right now

with everything that has been going on. Everything is up in the air right now," she told Metro.

Allen has been in transition for four years while receiving hormone treatments and was on the path to finally becoming her true self in August, a decision she says has now been taken out of her hands. "We're getting mixed signals because we were told the decision is effective immediately."

Alberta Health and Wellness spokesperson Howard May said any funding approved between April 1, 2006 and March 31, 2009 will still go ahead as

"This is about identity and self-fulfilment and closure."

Mercedes Allen

planned but "anything after March 31 is discontinued." But Allen said regardless of whether her procedure goes through or not, she is still worried about others who are not able to get the surgery without funding. "This is about identity and self-fulfilment and closure," she added.

Allen will be joining other members of Alberta's trans-

sexual community who are filing human rights complaints provincially and simultaneously at 10 a.m. in Calgary and Edmonton. A civil suit is also in the works.

The devastation felt by the community is evident on the Facebook group Reinstate Gender Reassignment Surgery Funding in Alberta, where more than 1,480 members share comments.

There are also those who feel the government made the right decision, including Brade Tyler. "I don't think the government should fund this but the money should go towards improving health care ...," he said.

Man charged in toddler's death

SHAWN LOGAN
 for Metro Calgary

MANSLAUGHTER Following a month-long investigation, Calgary cops have charged a man with allegedly killing a toddler after making a frantic call to EMS reporting an accidental drowning.

Thanks to a number of tips, police last week charged a caregiver to two-year-old Jaden Tshimanga in the little boy's death, saying his original story wasn't consistent with the injuries the boy suffered that appear to have been caused by blunt force trauma.

Homicide Staff Sgt. Kevin Forsen said police have been probing the March 9 incident since the toddler was rushed to the Alberta Children's Hospital after an emergency call was made from a house in the 100 block of Dovetree Place S.E.

"The symptoms were inconsistent with a drowning and a number of people came forward from the community and provided us with information," he said yesterday.

"We were very happy to bring some closure to the mother."

Police have charged Kadima Pierre Kalala, 27, with manslaughter in connection with Tshimanga's death.

Forsen added Kalala lived in the home with the toddler's mother and was not the child's natural father although he wouldn't clarify the relationship nor discuss specifics of the case.

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Man dies in truck accident

A 44-year-old Calgary man was killed in a collision in Thorsby, Alta., yesterday when his truck hit an embankment and rolled several times. The driver was the lone occupant and police are withholding his name until his family is contacted. **METRO NEWS SERVICES**

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Local



'Eco-sculptures' for Earth Day

Calgary high school students have created "eco-sculptures" made almost entirely from recyclable materials for a competition hosted by Sunridge Mall and 11 sculptures are on display now at the mall. Calgarians are invited to vote for their favourite and the most votes will win a \$5,000 grant for their school on Earth Day, April 22.

METRO CALGARY

Cops need help with hit-and-run

RE-ENACTMENT Calgary police hope a Crime Stoppers re-enactment scheduled for today will help lead them to the three people responsible for a hit-and-run in February.

On Feb. 1, 2009, a 38-year-old man was walking through a parking lot towards a business at 12024 Symons Valley Rd. NW when he was struck by a blue, four-door import car.

The car most likely sustained impact damage to the front end, hood and windshield areas and the pedestrian suffered serious injuries requiring hospitalization.

METRO CALGARY

City fixes cleanup mix up

Neighbourhood street sweeper schedule posted online

SHAWN LOGAN
for Metro Calgary

Confusion surrounding last year's annual city roads cleanup has prompted officials to get the word out to communities more effectively.

City crews yesterday began the 10-week process of clearing tonnes of gravel from Calgary roads and for the first time will post its schedule online after a Calgary alderman was deluged with complaints from concerned constituents last spring.

Ald. Andre Chabot said the move is welcome news after residents in his communities were left uncertain when to remove their vehicles to make way for sweepers a year ago.



Calgary's city street cleaning crews are out for the next 10 weeks, shown here getting a start in Lynnwood. Ald. Andre Chabot called for more notice to homeowners to move their cars.

"I'm sure this year they'll be putting up notice for people well in advance and working within the proper time frame," said the Ward 10 alderman.

Over the course of a snowy winter the city dumped some 6,000 tonnes more gravel than the usual 42,000 tonnes and crews will be busy go-

ing community to community over the next few weeks.

Kelsey Strachan, a spokeswoman for the city's roads departments, said the decision to post the schedule, which could change depending on weather, was made to give people more clarity on when sweepers will be hitting their neighbourhoods.

"People should be able to find out pretty easily when their time comes," she said. "We're really trying to be on the ball as much as possible because we need people to help by moving their vehicles."

The schedules for weekly neighbourhood cleanup targets can be found at www.calgary.ca/sweep and updated information can be found by calling 3-1-1.

Anders not in the wrong: Tory prez

KRISTA SYLVESTER
krista.sylvester@metronews.ca

POLITICS Calgary West Conservative MP Rob Anders did nothing wrong when he sent a letter out discouraging members from supporting a nomination contest, the president of the party said. Don Plett, president of the Conservative Party of Canada, was defending Anders' actions after he sent out letters to members asking them not to respond to the nomination ballot last week.

"Anders did not use the party resources, he used his own resources and in my opinion he didn't do anything inappropriately," Plett said.

His comments come as Anders came under fire from Donna Kennedy-Glans, who is seeking to challenge for the Tory nomination. She said he used the membership list "inappropriately."

But Plett said Kennedy-Glans' comments are "purely personal" and said she holds no official status, whereas Anders has access to the list as a member of Parliament.

ShareYourViews

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What's online today.

Your Money Allan Small on what's behind the surprising profits in the U.S. banking sector at metronews.ca/investing
Video Combat is expected to ramp up in southern Afghanistan when U.S. troops arrive this year at metronews.ca/canada
Video Cheshmehere developer slashes prices to lure new home buyers at metronews.ca/local
Video The economic downturn has boosted interest in Calgary Dollars at metronews.ca/local



CBC snubs Flames, TSN picks up the slack

SHAWN LOGAN
for Metro Calgary

TV Hockey Night in Canada's decision to snub the Calgary Flames in the first round of the playoffs is TSN's gain, says the network's vice-president of programming.

Fans hoping to watch their hometown heroes face off against the Chicago Blackhawks this week will have to turn the dial away

from CBC and Don Cherry for the first time ever after the national broadcaster opted to choose both Vancouver and Montreal as the teams to follow in the first round.

"As part of the agreement we have with CBC they have certain rights and when the Vancouver and Montreal series were no longer on the table, it was a fairly easy choice for

us," said Stewart Johnston of TSN.

"The full weight of our network efforts will be placed on that series."

Sherali Najak, executive director of HNIC, believes all the Canadian teams be-



Cherry

long on the storied telecast but the new contract with the NHL forced them to choose. And with the Flames playing a central team, CBC

chose the two Canadian teams least likely to have their games overlap, he said.

"It kills us not to have Calgary on that schedule," he said, noting the networks will re-draft after the first round is completed.

Flames fan Tony Wolfleg, 31, said it doesn't matter to him what channel his team's on, as long as he gets to watch. "It doesn't take much to change the channel," he said.

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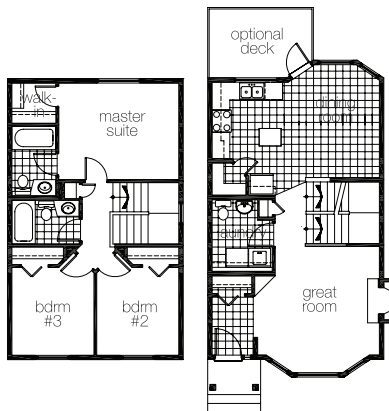


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The Columbus can be viewed at 2 Cranberry Place SE. Showhomes are open Monday - Thursday 2pm to 8pm. Friday - Sunday and holidays 12 noon - 5pm. For further information please contact Steve at (403) 201.3813, or cranston@discoveryhomes.net

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CRANSTON

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Tuesday, April 14, 2009

4

Ground search for missing girl called off

Police in southwestern Ontario have ended a "thorough" ground search for an eight-year-old Woodstock, Ont., girl, but continue to investigate her disappearance. **CBC NEWS ONLINE**

Canada

Go Greek for health

Mediterranean diet great for your heart: Study

A little red wine is in. Red meat is unquestionably out. And the Mediterranean diet is simply golden.

That is the conclusion of a study out of McMaster University that purports to offer be the most definitive word yet on the foods that are good for your heart.

The study, which examined almost 60 years worth of existing research on diet and heart disease, attempts to separate the whole wheat from the chaff on foods in a way that doctors and consumers can swallow with confidence, says Dr. Sonia Anand, the study's senior

author.

It appeared yesterday in the journal Archives of Internal Medicine.

"It's the best that we can do yet," Anand, a professor of medicine and epidemiology at the Hamilton school, says of the study's food and heart link findings.

While the study's list of foods that protect the heart contains few surprises — whole grains and vegetables are good, processed meats are bad — researchers found little evidence to support the claims of some highly touted diets and supplements. "One area that we did

not find overwhelmingly strong evidence for would be the Omega-3 fatty acids," says Anand.

Those coming from fish seem to be heart protective, while those that come from plant sources like walnuts and flaxseed have little in the research to support them.

Generally speaking, heart-friendly foods include vegetables, nuts and Mediterranean diets.

Indeed, the Mediterranean diet is one Greek gift that every heart should welcome as a shield against coronary ailments, Anand says.

TORSTAR NEWS SERVICE

Nova Scotia **Going with the flow**



More than 50 people walked around Lake Banook, N.S., yesterday to raise awareness about the state of Canada's water supply as part of National Aboriginal Water Day of Action. Close to 100 First Nations communities are on water-boiling advisories, one advocate said.

Afghan vets suffering trauma: Documents

MILITARY More than one in every five Canadian soldiers and police officers deployed to Afghanistan leave the force with post-traumatic stress or other psychiatric problems and that figure is rapidly rising, sources say.

By the end of last month, the number of soldiers and police officers discharged from the military and RCMP for psychological strains after tours in Afghanistan had reached 1,053, representing an increase of more than 50 per cent from 2008, a spokesperson for Veterans Affairs Canada said.

Help, or lack of it

- A December 2008 report by military ombudsman Mary McFadden found some soldiers still not getting proper care.

Documents revealed that as of April 2008, 700 Canadian soldiers and Mounties who had served on the Afghan frontlines — had qualified for medical release from the Canadian Forces or RCMP with a "pensionable psychiatric condition," but warned of a hike. **TORSTAR NEWS SERVICE**

News in brief

WOMEN'S RIGHTS Canadian relatives of a women's rights advocate slain in southern Afghanistan over the weekend say they warned her of the dangers of working in the country, CBC News Online reports. Sitara Achakzai, a member of Kandahar's provincial council, was killed Sunday when four gunmen on motorcycles opened fire as she got out of her car outside her home in Kandahar City.

FLOODING While communities along the Red River remained on flood alert, concern grew yesterday that higher temperatures, rain, and the threat of ice jams, would lead to more flooding across much of southern Manitoba, CBC News Online reports.

METRO NEWS SERVICES

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the **Bay**

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Taiwan police have arrested a 55-year-old man for lobbing bank notes worth about 1 million Taiwan dollars (\$36,000) from vehicles, causing disorder in the streets, a police officer said yesterday. The man tossed the bills from a taxi in a crowded part of Taichung city on Sunday as people stopped to pick up the cash. **REUTERS**

World



Galapagos wildlife at risk

An erupting volcano in the Galapagos Islands could threaten unique wildlife such as marine and terrestrial iguanas, say officials with the Galapagos National Park. Lava flowed into the sea and clouds of gas and smoke poured from La Cumbre volcano on Fernandina Island, which has no human inhabitants, after it erupted Saturday. **REUTERS**

News in brief

SUDAN Authorities yesterday executed nine men found guilty in the 2006 murder of a Sudanese newspaper editor, state media said. The case has been sensitive for the govern-

ment, which initially banned reporting of the trial other than by state media. The decapitated body of the editor was found on a dirt road in Khartoum in September 2006.

KAZAKHSTAN Kazakhstan's security service accused the defence ministry of buying defective military hardware from Israel yesterday. The state's KNB service said it was investigat-

ing defence ministry officials on suspicion of buying faulty artillery and other defence systems from Israeli firms, a move which the KNB said had caused losses of \$82 million. **REUTERS**

Two killed in Thai protests

Troops fired at crowds of anti-government protesters who fought back with gasoline bombs and rocks in Bangkok yesterday, in violence that killed two people, injured dozens and pushed Thailand deeper into political crisis.

Prime Minister Abhisit Vejjajiva, who declared a state of emergency in Bangkok on Sunday after former prime minister Thaksin Shinawatra's supporters forced an Asian summit to be cancelled, said just before midnight most of the city was back to normal.

Thaksin, ousted in a 2006 coup, told CNN: "Many peo-

ple are dying ... They even take the bodies on the military trucks and take them away."

Troops advanced into an area held by protesters near Abhisit's office since late March, setting the stage for a final push to end the demonstrations.

Violence erupted before daylight at the start of the Thai New Year holiday. Protesters set fire to several buses and part of a government building was ablaze.

Two people were fatally shot in the violence. The Emergency Medical Institute said 94 people, including soldiers, were hurt yesterday. **REUTERS**

Pirates swear revenge for comrades' deaths

RESCUES Somali pirates threatened revenge on Sunday after two separate hostage-rescue raids killed at least five comrades.

The latest raid by U.S. forces on Sunday that saved an American hostage and one by France last week have upped the stakes off Somalia, where buccaneers have defied foreign naval patrols.

A day after U.S. snipers

killed three Somali pirates and freed Capt. Richard Philips, Somalia's militant Islamist rebel group al Shabaab said it fired mortars at a plane carrying a U.S. lawmaker.

A spokesman said his group fired at the plane carrying Representative Donald Payne as he left Somalia after a visit. The plane took off safely. **REUTERS**

N. Korea to restart nuclear plant despite UN sanctions

PYONGYANG North Korea said late yesterday it saw talks on ending its nuclear weapons programme as "useless" and it planned to restart its plant that makes arms-grade plutonium, its Foreign Ministry said.

The comments came in

response to the UN Security Council unanimously condemning North Korea's long-range rocket launch nearly two weeks ago as contravening a UN ban, and demanding enforcement of existing sanctions against Pyongyang. **REUTERS**

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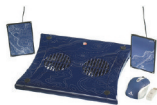


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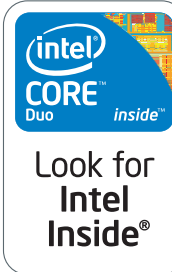
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Comment & Views

Comment

When is Canada going to finally grow up?

NationalReport

Lawrence Martin

metronews.ca/nationalreport

Poll on the recession just out. The West, where Stephen Harper is popular, thinks he is doing a terrific job of handling the economic crisis. Quebec, where he is not, thinks he's doing a terrible job. Ontario

and the Maritimes give him a middling rating.

The PM's anti-recession policies are national, not regional. But as the polling results indicate, regional hyper-sensitivities carry the day. They always have, they still do and they probably always will.

The prime minister actually made a good effort at trying to mend the regional divide. In his first term in office he bent over backwards trying to please Quebec, his granting of nation status to the Quebecois being no small example.

That won him some respect. But last August his government introduced nationwide cultural spending cuts.

In the great scheme of things it was hardly big news. But Quebecers, forgetting the PM's positive gestures, took this as a terrible affront. They were also angered that during the parliamentary crisis last fall, he went on about how awful it would be if separatists were part of a coalition government. As leader of the country, you're not supposed to condemn sepa-

ratists.

As a consequence, Harper's stock in the province has plummeted and the country has returned to its century-old divide.

The West in one corner, Quebec in another. For the Conservatives, it started way back with prime minister Robert Borden. He brought in conscription during the First World War.

It took Quebecers decades to forget. The Quebec-born Brian Mulroney brought the province back into the fold for a while, but try as he might, he could never satis-

fy Lucien Bouchard's constitutional demands. Quebecers turned on him in the form of the Bloc Quebecois.

The sensitivities in la belle province are matched by those on the prairies. Mulroney catered to the West, bestowing many a favour, such as the burying of the National Energy Program.

But he was not conservative enough on some economic questions and — Good Heavens! — he chose Montreal over Manitoba in the awarding of an aircraft maintenance contract.

That was enough to trigger a revolt in the form of the Reform Party.

The Liberals, of course, have never been able to catch a whiff of support in the West ever since the NEP. It's three decades later. Westerners won't forget.

It's the 21st century and the country's great cleavages are as wide as ever.

Some wonder if we'll ever grow up. They have reason to do so.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.

Views

Reforming health care means reforming our illusions



Keith Martin

The biggest hindrance to better health care is our own illusions.

Contrary to public opinion, Canada does not have the best health-care system in the world. We actually rank 26th, but have the fifth highest health-care expenditures.

The Canadian Medical Association recently found that 17 of the world's top 20 national health-care systems are European. These world leaders all have mixed systems that combine both public and private providers so everyone

is covered. No one has huge medical bills and information technology is widely used.

Using central IT databases to input prescriptions has led to less drug abuse, greater oversight and increased transparency. Also, the efficient integration of public and private services has actually drawn on the strengths of both systems. Countries have even been able to expand coverage to include global prescription drug coverage. The introduction of healthy competition has spurred innovation, better care and cancelled out inefficiencies in the health system.

In Europe, patients are placed at the centre of the health-care system. Hospi-

tals are motivated to attract patients and provide optimal care because they receive funding and resources for services rendered instead of block-funding. Money is then freed up for prevention, health promotion and other initiatives that reduce the demands on the system. Unfortunately, the debate around health-care reform in Canada remains mired in the false assumption that changes to our current system would result in a U.S.-style system.

Canadians must fully grasp the following truths:

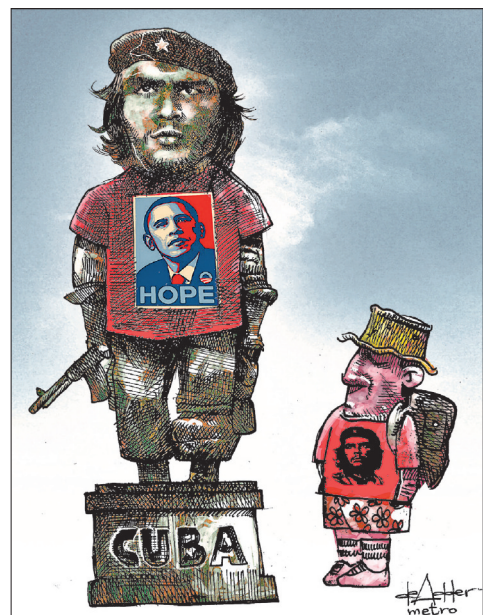
- An aging population and more expensive technologies are exhausting the supply of government money for health care.

- The Canada Health Act, and its five principles (public administration, comprehensiveness, universality, portability and accessibility), is broken in every province, every day.

We actually have a mixed system, but it is not integrated in a way that supports our public system. As such, the status quo is contributing to the creeping privatization of our public system.

We can have the best health-care system in the world, but we must have courage and not fear change.

Dr. Keith Martin has been the Liberal MP for Esquimalt-Juan de Fuca on Vancouver Island for 16 years. He worked as a physician in emergency medicine and general practice from 1987-2006.



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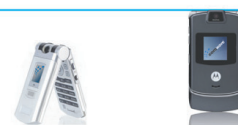
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Starwood Hotels & Resorts Worldwide said yesterday it was moving ahead with a \$4-billion US overhaul of its Sheraton brand despite the economic slump. **REUTERS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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Canwest worthless: Analysts

Company faces another debt deadline worth \$30.4M today

Shares of Canwest Global Communications are essentially worthless and should be avoided by investors as Canada's biggest media company fights to restructure its massive debt amid a severe advertising downturn, analysts said yesterday.

Canwest has another debt deadline looming today, by which time it must pay \$30.4 million US in interest to holders of its eight per cent senior subordinated notes. The payment was originally due

"Given the significant liquidity challenges facing the company, we see no residual value in the shares of Canwest."

Tim Casey, BMO Capital Markets

March 15, but the company missed it.

If it doesn't pay today, the investors can demand the repayment of about \$761 million of outstanding principal on the notes.

"Given the significant liquidity challenges facing the company, we see no residual value in the shares of Canwest," BMO Capital

Markets analyst Tim Casey wrote in a note to clients.

While critical, the looming interest payment is only the tip of the iceberg for Winnipeg-based Canwest, which has a debtload of about \$3.7 billion Cdn, some of it dating back to its 2000 acquisition of newspaper assets from Hollinger International.

Analysts have said that Canwest could file for bankruptcy protection, but the company thus far has continued to negotiate with its creditors rather than involve the courts.

"We continue to believe there is significant risk Canwest is forced into bankruptcy protection or to sell assets at unfavourable prices or a massive debt restructuring," GMP Securities analyst Jason Jacobson wrote to clients. His target price on the shares is zero.

REUTERS

Business in brief

WIRELESS The shift toward smartphones — wireless devices that combine voice calling, e-mail, mobile web browsing and multimedia functions — could pick up speed in Canada as the country's big wireless carriers seek to avoid an "abyss" created by falling prices for voice services.

TORSTAR NEWS SERVICE

sands developer's biggest shareholders.

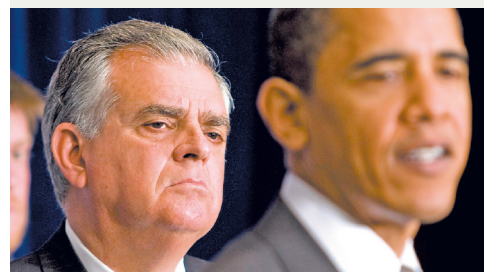
GM Shares of General Motors Corp. plunged 16 per cent yesterday as traders shed positions out of fear the U.S. government will push the automaker into a bankruptcy that could wipe out existing equity.

LAWSUIT General Motors Corp. is facing a lawsuit in Canada from unsecured bondholders after the auto giant paid dividends from a small Canadian unit even as it teetered near insolvency.

REUTERS

TAKEOVER Total SA boosted its hostile takeover offer for UTS Energy Corp. by more than a third to \$1.75 per share yesterday, though its sweetened offer was quickly branded as inadequate by some of the oil-

U.S. Projects under budget



U.S. Secretary of Transportation Ray LaHood, left, listens to U.S. President Barack Obama speak about the economy in Washington yesterday. Obama said that 2,000 infrastructure projects being undertaken as part of his economic stimulus plan were ahead of schedule and under budget.

ARMY DOWNING/REUTERS

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Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Being bold is beautiful

Take initiative in finding discounts on regular purchases

SmartCookies



metronews.ca/smartcookies

In the past week, one of the Smart Cookies negotiated her dentist bill (15 per cent off), while another negotiated her parking ticket from \$60 down to \$15. We're not afraid to ask.

Admittedly, however, there was a time when we thought trying to negotiate a better price might make us appear cheap, rude or worse — embarrassed if we were turned down.

Now is the time though to negotiate on just about everything. To help you keep more money in your pocket, we've listed a few simple strategies to make the most of your negotiating:

Be Realistic

Don't go in and ask to get something half price off up front. Let the retailer name their best offer and work from there.

Be nice

The old adage you catch more flies with honey applies to money as well. You get more savings with a smile.

One at a time

If you're looking to get a group discount, negotiate the price of one item down first. For example, if you were looking to get a group of dresses (for a wedding, say), first negotiate a single dress down and then explain you are interested in buying more and the price should drop even further.

Pick the best day of the week

Think about when you're happiest and it's probably towards the end of the week. That's also when retailers are likely at their happiest and most ac-

commodating as well. Thursday and Friday are often the best days to negoti-

ate on price.

On the flipside, make an appointment for a salon or

service in the first half of the week (salon's slow days) and you may be able

to negotiate a 10 to 20 per cent discount. Referring new customers could also earn you a price break.

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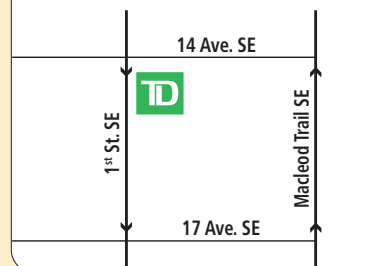
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Investing

Allan Small

Allan Small looks into the big U.S. banks and the current bull run. To read the column, visit metronews.ca/investing

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Artist's rendering

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Is it a hobby or business?

MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

Q I've worked in retail for more than 10 years but I enjoy designing women's fashion. This year, I spent more than \$6,000 for materials, equipment and travel. I give my designs as gifts to family and friends. I was advised by a colleague to register a business and claim the expenses on my tax return. Are these deductible?

— Talia

A With layoffs continuing at record numbers, many individuals find creative ways to earn income. Many entrepreneurs are born because of increased unemployment. The Canada Revenue Agency website describes factors that distinguish be-

tween a business and a hobby.

Expenses incurred for the purpose of earning business income can be deducted for tax purposes. These would include but not limited to such cost as office supplies, accounting/legal fees, travel expenses, advertising and marketing, material costs, etc. Cost incurred for the personal enjoyment of an individual's hobby are not deductible for tax purposes.

The act of registering a business in itself does not necessarily qualify expenses deductible for tax purposes.

Individuals involved in "hobby" activities such as artist, musicians, photographers, writers and the like should be diligent that their activities are commercial in nature for claiming expenses.

Keep receipts, proper books and records in the event of an audit by the enforcers of our tax system. Legitimate commercial ac-



A reader spends a lot making her own clothes as gifts.

tivities should not be denied deductions because of the nature of the activity.

Here are some factors used in determining if expenses are deductible for tax purposes:

- Expenses incurred for earning income
- Reasonable expectation of profit
- Intention of individuals
- Time devoted to business enterprise
- Capital utilized

Henry Choo Chong, CGA, can be reached at choohonghcg@yahoo.ca.

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Former all-star pitcher dies

Former all-star pitcher Mark (The Bird) Fidrych died in an apparent accident yesterday at his farm in Massachusetts. He was 54. The colourful right-hander was the American League rookie of the year for the Tigers in 1976. **METRO NEWS SERVICES**

Sports



Phillies broadcaster dies

Longtime Philadelphia Phillies broadcaster Harry Kalas died yesterday after being found passed out in the broadcast booth before a game in Washington against the Nationals. He was 73. Kalas had surgery earlier this year for an undisclosed ailment that the team characterized as minor. Kalas, whose signature home run call was "Outta here!" also did voice work for NFL Films and Chunky Soup commercials. **METRO NEWS SERVICES**

EDITOR: JOHN.CHICK@METRONEWS.CA

Breaking down the first round

NHL playoff teams were decided before the final weekend of the season, but the matchups weren't set until after the last regular season games were completed Sunday.

Eastern Conference

Boston (No. 1, 53-19-10) vs. Montreal (No. 8, 41-30-11)

The Original Six rivals meet in a playoff series for the second year in a row and for the 32nd time overall. The teams have switched places from last spring, when the number one Habs beat eighth-seeded Boston in seven games.

Washington (No. 2, 50-24-8) vs. N.Y. Rangers (No. 7, 43-30-9)
Alex Ovechkin takes Henrik

Lundqvist could be a difference-maker in this series and Sean Avery is sure to get plenty of attention as well.

New Jersey (No. 3, 51-27-4) vs. Carolina (No. 6, 45-30-7)

Some had the Devils pegged as Eastern Conference favourites until they limped to the finish. Carolina has won two of the three playoff series between these teams and reached the Stanley Cup both of those years — 2002 and 2006.

Pittsburgh (No. 4, 45-28-9) vs. Philadelphia (No. 5, 44-27-11)

A rematch of last year's Eastern Conference final for the rivals from Pennsylvania. Sidney Crosby's Pens might be the NHL's hottest

team heading into the playoffs after compiling an 18-3-4 record under new coach Dan Bylsma.

Western Conference

San Jose (No. 1, 53-18-11) vs. Anaheim (No. 8, 42-33-7)

The first playoff series between two NHL teams from California since the Los Angeles Kings since 1969. San Jose was at the top of the league for most of the regular season and will be looking to shed its under-achiever label from post-seasons past.

Detroit (No. 2, 51-21-10) vs. Columbus (No. 7, 41-31-10)

Detroit's quest



Vancouver (No. 3, 45-27-10) vs. St. Louis (No. 6, 41-31-10)

The Canucks did well to reel in Calgary and capture the Northwest Division title. Now they will want to put their home ice advantage to good use. Roberto Luongo's team faces the Cinderella story of the NHL after St. Louis climbed from last place at the all-star break to an unlikely playoff position.

Chicago (No. 4, 46-24-12) vs. Calgary (No. 5, 46-30-6)

Which Flames team will show up? Calgary has been among the more unpredictable teams this season, looking brilliant during some stretches and awful during others.

METRO NEWS SERVICES

Sports in brief

NHL The Colorado Avalanche fired general manager Francois Giguere yesterday, just one day after the team finished with the worst record in the Western Conference. The Avalanche posted a record of 32-45-5 for 69 points. "The results of this season are unacceptable," said Avalanche president Pierre Lacroix.

MLB Second baseman Orlando Hudson hit for the cycle yesterday as the Los Angeles Dodgers thumped the San Francisco Giants 11-1 in Los Angeles' home opener. Hudson completed the feat by tripling to the right field corner in the sixth inning.

METRO NEWS SERVICES

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Learning Curve

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Overseas adventure a life lesson

RAFAEL BRUSILOV
for Metro Canada



Studying abroad might seem like a daunting goal, but the rewards you gain and the lives you touch can stay with you for a lifetime.

While you do have to wade through some paperwork and plan ahead financially, studying and doing work placements abroad can be a great way to combine adventure, personal growth and life-changing experiences.

Sabrina Lucifero, international student affairs coordinator for the John Molson School of Business at Concordia University in Montreal, says studying abroad can be a highly rewarding experience for students because the life experience they gain can be a huge advantage in



Studying abroad can be a highly rewarding experience for all involved, experts say.

both their personal life and the boardroom.

"Students come back with a variety of experiences both academic and business related and they're able to grow on a personal level as well," Lucifero said.

With more employers looking for candidates that have broader life experiences under their belt and can show greater professional and personal maturity, Lucifero says more universities like Concordia are encouraging students to

consider heading abroad.

Of course not all learning happens exclusively in the classroom. For students interested in letting their studies have a direct, positive impact on the lives of the people they meet, co-op programs ex-

ist, which let you gain valuable field placement experience while helping people in need.

Lynn Caruso is co-ordinator at Seneca College in Toronto for the Students Crossing Borders program, which takes volunteers to communities in Jamaica during the summer to help build and maintain communities in some of Jamaica's most impoverished areas.

Caruso also co-ordinates an Early Childhood Education program and says helping communities in need abroad can be an excellent way to expand your horizons while giving of yourself to help others.

"It's a really great way to get exposed to what's going on in the world — it's about stepping outside of your comfort zone and finding out what it's like to

help people in need," Caruso said.

If you do plan on studying abroad, Lucifero says you should keep in mind a few things:

- Start getting documents together well in advance (Lucifero recommends at least four months).
- Keep your grades up — most study abroad programs and partner schools require a GPA in the vicinity of 3.0 to be accepted.
- Research your chosen destination country and its schools to find a program that matches your needs.
- Start financial planning early.
- Make sure the credits you gain at the foreign school will transfer to your home school.
- Get testimonials from students who've already gone through your program.

U of C travel study class heading to India

SHELLEY WILLIAMSON
for Metro Canada



Those with a thirst for eastern culture can find a passage to India, starting at the University of Calgary.

India: The Wonders of Past and Present takes students in the Continuing Education's travel study course straight to the Far East, and not strictly by textbook.

"Indian culture, Indian mythology and theology are so powerful and so different from what we have here in western society," said Dr. Valery Efimenko,

instructor in the U of C continuing education department, who will lead the India excursion in the fall.

Lawna Robart and her husband Don are hoping for quite an education in all things Indian when they depart YYC Nov. 1. Delhi, Jaipur, Fatehpur Sikri, Madras, Bangalore, Khajuraho, Mysore and Mumbai are a few stops on a three-week itinerary that includes tombs, temples, museums, palaces, beaches and gardens — and of course, the Taj Mahal.

"Because of language difficulties, it's a tough place

to travel on your own, and it makes it much easier when you go with a resource person from the university," said Robart.

The couple's first taste of travel study was a trip to Turkey in 2004, which they learned about from a friend. Subsequent Russia, China, Egypt and Libya excursions followed and while the pair also travels unguided, they have been hooked on the concept ever since.

"It's nice to have someone else look after all the arrangements," said Robart. "And on the China trip, for example, we were

"It's nice to have someone else look after all the arrangements."

Lawna Robart

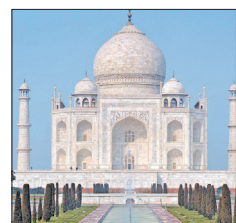
granted access into a cemetery that a lot of people you have heard of are buried in that they just don't let any tourists into."

Efimenko, whose background is in Indian language and who has taught in New Delhi, said he is excited to share his knowledge at such awe-inspiring haunts as Agra's Taj Mahal and ornate statues of the

gods in Madras, while also hitting some impromptu spots.

In-class sessions in October precede the trip and will touch on culture, history, societal expectations, a trip itinerary and any preparation needed for travel.

"It is very different [from other group tours] because this course will give a systematic picture of culture and Indian civilization and religion ... it's like a big book being opened, and you will gain an understanding of the architecture, history and how the north is related to the



PHILIP WOLFE/REUTERS

U of C students will visit the Taj Mahal when they go to India in the fall.

south," said Efimenko.

The cost (\$9,960) includes course tuition, Indian airfare and land travel, meals and accommodations. For more information and enrolment deadlines and specifics, visit contedu.ucalgary.ca/travel-programs.

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Learning Curve is a monthly feature that focuses on education and student life. Next month's issue comes out on May 12.

Local actors hit the stage

Toronto's Jersey Boys cast full of talented Albertans

BRIAN TOWIE
Metro Canada



Maybe the show's producers should just go ahead and call it Alberta Boys.

It's a sure thing that Jersey Boys, the Tony Award-winning musical about the life of Rock and Roll Hall of Famers Frankie Valli and his Four Seasons, currently calls Toronto its home.

But there's a lesser-known factoid about its Canadian production — one that might pique the interest of those who believe (or know, depending on who you are) that Wild Rose Country is the greatest province in the Dominion.

Albertans figure prominently in the musical, making up seven out of the 19 cast members —

those being Calgary expats Jade Elliott, Victoria Lamond, Grant Tilly and Michael Lomenda, and Edmonton expats Timothy Sell, Aaron MacKenzie and Lindsay Thomas.

It's one example of how Alberta's theatrical talent, while not receiving the same notoriety as other parts of the country might, is bubbling under the surface and beginning to gush. Sell credits grassroots enthusiasm for the arts — being local fringe festivals in Calgary and Edmonton — to developing theatre programs (such as the University of Alberta's,

"There's a great arts community that comes from Alberta." Jade Elliott



Albertans — and Jersey Boys stars — from left: Timothy Sell, Jade Elliott and Grant Tilly.

he says) as parts of the reasons why.

"There's a great arts community that comes from Alberta," adds Elliott. "It's small at the moment but it's thriving."

Though the community that bore the actors still sees a great deal of its talent exported to other places. For these actors in particular, getting out wasn't intentional (except in Tilly's case, who left school in search of new climates, but more a case of happen-

stance. If you're a performer, you go where the work is — in this case, the jobs were to be found further east.

"More actors are always in Toronto," says Sell. "It has a strong live theatre scene and it's more diversified. There's more opportunity here."

"You've got a city of 2.5 million people, so it definitely is more energetic," adds Elliott, who has called Toronto his home on-and-off since 1993. "There's a

little more buzz to the place."

Not to say the actors are glad to leave Alberta behind. The trade of big skies and breathtaking scenery for their names in bright city lights was a costly one, and Sell, Elliott and Tilly all admit it's one they won't forget anytime soon.

"We left great friends and family," Sell said. "There's a down-to-earth familiarity that Albertans have, which you don't often find (in Toronto). We miss it."

Working abroad

Working and living abroad requires a great deal of research and preparation beforehand. These websites are great starting points for people interesting in taking their skills overseas.

- **SWAP Working Holidays (swap.ca):** Offers more information about the program and gives great tips on topics from paperwork to packing.

- **Working Overseas (workingoverseas.com):** Search more information about Jean-Marc Hachey's book and get subscription details for the book's online version.

- **Foreign Affairs and International Trade Canada (international.gc.ca):** Check out this site's section on travelling and working abroad for both essential facts and destination options.

- **The Go Abroad Fair (goabroadfair.ca):** Find out when the fair is coming to a Canadian destination, sign up for their e-newsletter and gather information on previous exhibitors.

NOELLE MUNARETTO/
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Mount Royal embraces technology

LINDSEY WALLIS
for Metro Canada



Maria van der Sloot, a Grade 11 student and a violinist in the Mount Royal Academy program, listens carefully as Elaine Klimasko explains how she can improve her playing.

But this isn't a normal lesson. Klimasko is a violinist with the National Arts Centre Orchestra and is teaching Maria from Ot-

tawa, using broadband video technology.

"It's really great because over the broadband it's like Elaine is in the room," van der Sloot said.

These distance learning classes allow the Mount Royal Academy, a program for talented musicians age six to 18, more flexibility in booking guest artists, diminishing time and budget restraints.

"It gives us access to more people. We can work with someone who is very

busy and can't come in person," says Bill van der Sloot, the manager of the Mount Royal Academy program.

Students at the academy have had the opportunity to work with lauded professionals such as Pinchas Zukerman, and faculty members from Eastman, Northwestern and the Cleveland Institute of Music.

The van der Sloots agree master classes with the broadband technology are different than in-person ones, but Maria says the

broadband is "a good substitute." She often finds it less intimidating to play for the camera than a real person.

Bill says, "For many teachers a lot of their work is very tactile. The teacher will often physically manipulate the hand or the arm or the shoulder. (With broadband) you have to be very good with words, you have to explain what you want."

Mount Royal College is exploring the use of broad-



Maria van der Sloot says that while there are a lot of differences, video classes are a good substitute for in-person lessons.

band technology in auditions. Bill says if it is implemented, students who

can't afford to travel will still have the opportunity to audition.

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'No shortcuts' to learning a new language

DANIEL HOLLOWAY
Metro World News



The good news: You've just found the job of your dreams. The bad news: There's a line at the bottom of the employment ad that says, "Candidates with some knowledge of Italian will be given special consideration."

You, unfortunately, have no knowledge of Italian, but you really want that special consideration — and that job! No worries. You can just go to the bookstore, pick up an Italian phrasebook, memorize a few lines and wow them

in the interview, right? Not exactly.

"There are no shortcuts," says Migdalia Romero, a retired professor of linguistics from Hunter College in New York. "One does not impress a potential boss by speaking a few words in a foreign language or constructing a few sentences that were learned in a crash course."

Bummer. So how do you impress an employer when knowledge of a foreign language can give you a leg up? Fortunately, Romero says, there is hope.

"For people who have a basis in the language but lack fluency, there are

strategies that help," she says. "Listening to the language as much as possible is one of these."

That means watching TV and listening to the radio in the language you're looking to improve in — and repeating aloud what is heard.

Romero also suggests practising the language in social situations where the pressure isn't on.

For instance, if you visit Madrid while trying to learn Spanish, strike up a conversation with every waiter and cab driver you encounter.

Or, if all else fails, get yourself to the classroom.



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You can meet people from other cultures and social groups as well as boost your resumé if you work abroad, experts say.

Working abroad can boost resumé

NOELLE MUNARETTO
for Metro Canada



If your friends and family describe you as curious or adventurous, expanding your emotional and physical boundaries by working abroad might just be a step in the perfect direction.

Over the past 30 years, international exchange program SWAP Working Holidays has connected those curious and adventurous youth with overseas opportunities.

"This is for people who are interested in the world and who are not satisfied to remain in Canada for the rest of their lives," says David Smith, SWAP's director.

Youth registered with SWAP get help with everything from visa paperwork to destination planning. Partner offices at overseas locations assist students when it comes to finding jobs, navigating accommodations and making friends.

"Part of our job is to help you cope through the differences so you can enjoy the experience," says Smith.

Jean-Marc Hachey, the author of the bestselling book *The BIG Guide to Living and Working Overseas*, says working abroad can also help boost your resumé.

"The number of jobs requiring international experience has risen exponentially each year for the last 10 years," says Hachey. "Everyone needs global career skills. Eventually, almost every job will have an international component to it."

On top of that, Hachey says another personal payoff from travelling abroad comes from experiencing a new environment.

"It's addictive to meet

"The number of jobs requiring international experience has risen exponentially each year for the last 10 years."

Jean-Marc Hachey

people from other cultures and social groups," says Hachey. "Your life will change forever with the insights you learn travelling and working abroad."

Former animator Chris Hudson got the travel itch after falling in love with Japanese culture.

"I was feeling my life was a little stagnant. Like I wasn't doing what I was supposed to be doing," says Hudson, reflecting on his career in Toronto.

After a three-week vacation in Japan, he decided to return to the country as an English teacher on a one-year work visa.

Hudson, who is now back home in Ontario, had such a great time that he plans on returning overseas at the end of the month. He also emphasizes that travellers must prepare themselves for possible setbacks and let-downs along their journey.

"Right off the bat, one of the first things I realized when I arrived was that everything I set up didn't quite turn out the way I expected," he says.

But, with careful planning and a secure job offer, Hudson says working abroad can be a positive experience that can change your view of the world.

"I can definitely say Canada is a great place. But to be honest, I'm not as excited when I'm here," he says. "(Abroad) you have a chance to fail. And that's part of the excitement."

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Researchers at two Japanese universities discovered that people who regularly eat foods containing lactic acid, such as yogurt, have a lower incidence of gum disease. **BEST HEALTH MAGAZINE**

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Sexual innuendo at work

The J Spot

Josey Vogels

metronews.ca/thejspot

It'd be a pretty dull day at the office if no one ever cracked a dirty joke. But, some say, years of zero tolerance sexual harassment policies in the workplace have produced a frigid climate where everyone has to check their sexual beings at the reception desk (without making an inappropriate comment to the receptionist, of course).

Well, a new study has broken the ice... sort of.

Researchers at University of Toronto's Rotman School



Watch *Mad Men* to see how bad things might still be if we hadn't put the brakes on sexual behaviour policies in the workplace.

of Management and the University of British Columbia's Sauder School of Management discovered that some employees say they actually, gasp, enjoy the occasional sexually charged joke, discussions of sexual matters or flirtation around the office.

But before you go patting your co-worker on the butt, the study also found that the same workers who said they enjoyed some sexual banter in the workplace also withdrew from work, felt less valued and reported depressive symptoms

more often than employees who experienced little to no sexual behaviour at the office.

In other words, a little sexual innuendo might be good for a laugh, but it's lousy for morale and productivity.

"In our culture, sexuality has connotations of domination, subordination and vulnerability," said professor Jennifer Berdahl, co-author of the study.

"Often a dominating behaviour is a way of making someone squirm. Why bring this into the

workplace?"

Considering how quickly most dinner party conversation eventually gets around to the topic of sex, it's unrealistic to think that people who spend eight to 12 hours a day together aren't ever going to go there.

But you only have to watch an episode of *Mad Men* to see how bad things might still be if we hadn't put on the brakes. Sexual harassment laws did much to eliminate the day when it was OK to make "bosom" cracks in front of your female secretary.

Sure, harassment laws can be applied overly zealously — using them to stop a man from putting a picture of his wife in a bikini on his desk, something that apparently happened somewhere in the U.S., for example.

But, as far as I'm concerned, as long as men and women are too daft to recognize behaviour that makes another person squirm, we still need rules to keep the workplace from feeling like a singles' bar or, even a dinner party.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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On the rebound

Chris Brown is reportedly on the rebound, just weeks after his relationship with Rihanna came to an end. The N.Y. Daily News reports the lady is a Virginia college student. POPEATER.COM

EDITOR: DEAN.LISK@METRONEWS.CA

BRYAN BORZYKOWSKI
for Metro Canada

Fantasies, the new album from Metric, is now available in stores.

Don't worry though, *Fantasies* isn't filled with South American sounds — if anything getting out of Dodge allowed Haines to challenge herself without the watchful eye of the Toronto music industry looking on. "Doing this gave me a chance to get away from everything and return to what I do best, which is write songs," she

"Anything you can imagine you can make real," she says. "That was really our preoccupation and how everyone I know is trying to

For Metric, many of their dreams have become real. They've opened for The Rolling Stones at Madison Square Garden, they've played every important fes-

"I follow an impulse to make things when I need to make them," she explains. "And I have no idea what is going to happen next."

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metro



British actor Michael Sheen is joining Robert Pattinson & Co. in New Moon, the sequel to the blockbuster film Twilight, according to the U.K.'s Daily Mail. EONLINE.COM

Sheen joins New Moon cast

Evolution stops here

Dragonball Evolution

Director: James Wong
Stars: Justin Chatwin, Chow Yun-Fat
Classification: PG

Another Japanese manga bites the dust with its cinematic adaptation: In this case, the *Dragonball Evolution* series, which has spawned a hugely lucrative worldwide cottage industry that has lasted a quarter-century.

That success is likely to come to a screeching halt with this big-screen version, which will displease its fans and prove utterly baffling to the uninitiated.

The film opened Friday without press screenings, landing the No. 8 spot with estimated three-day sales of just \$4.65 million. Overseas prospects are brighter, with sales to date of about \$37 million.

A narration during the opening credits attempts to provide some background information about an ancient battle for Earth waged by the evil Lord Piccolo (James Marsters) —

why they named the biggest badass in the universe after a tiny flute is a mystery.



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But the real story line has to do with Goku (Justin Chatwin), an 18-year-old who is given a mystical dragonball by his grandfather Gohan (Randall Duk Kim). Said dragonball, when matched up with the

six others in existence, has the power to grant its holder any wish.

Lord Piccolo is highly interested in this ability, of course, and while Goku is distracted beating up some bullies (he employs a martial arts style best described as "extreme

maining dragonballs before the coming solar eclipse — Zzzzzzzzz — sorry about that; where was I?

Oh, yes. So Goku sets out on his adventure, joining forces before the inevitable final showdown not only with Master Roshi, who turns out to be a Hawaiian shirt-wearing leech, but also with the sexy Bulma (Emmy Rossum) and the thieving Yamcha (Joon Park).

Completely lacking in visual, narrative or stylistic coherence, the film also suffers from cheap-looking visual effects and poorly staged and edited action sequences that will not exactly please the fanboys.

Not helping matters is the problematic casting. Rossum comes across about as tough as Hannah Montana; Chatwin is a decade too old for his role; Marsters, so compelling in Buffy the Vampire Slayer, is here vocally and visually unrecognizable; and Chow, though he seems to be enjoying himself, clearly is slumming.

REUTERS

DVD picks

The Reader

Director: Stephen Daldry

MANY OF THE elements are there for the awards-season attention The Reader received, with impeccable acting and faultless cinematography chief amongst its virtues.

Yet this Holocaust-themed story, which director Stephen Daldry and writer David Hare have adapted from the best-seller by German author Bernhard Schlink, loses depth and emotion in the transition to the screen.

Moments that resonate so strongly in print — the illicit sex and the pre-coital book readings — seem almost tawdry or trite. It's also uncomfortable watching what amounts to statutory rape, with an older woman seducing a young teenager.

Other scenes fail to make the full impact required of them, including the pivotal courtroom confrontations. Superlative acting mitigates the structural deficiencies, particularly Kate Winslet's Oscar-winning performance as Hanna, a woman we first

ACADEMY AWARD® WINNER

BEST ACTRESS - KATE WINSLET



KATE WINSLET RALPH FIENNES
The Reader



"The Year's Most Provocative Thriller!"

meet at age 35 in the Germany of 1958 as she seduces 15-year-old Michael (newcomer David Kross).

Michael learns almost nothing about Hanna during his summer dalliance, and doesn't see her again until a dozen years later, when she turns up in court charged with a horrific crime.

The film is bookended by an adult Michael (Ralph Fiennes) musing about his past and coming to grips with it.

Extras include deleted scenes and several featurettes, including one in which Winslet shows how much work and make-up it took to age her as Hanna.

TORSTAR NEWS SERVICE

CA	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/1409	267 351 - ACCESS	Alberta Primetime (Live)	Without a Trace (N)	Reaper: The Good Soil	Dancing With the Stars	Primetime				
	243 317 3 CFCN	etalk	Hollywood	Law & Order: SVU	American Idol	(10:01) Fringe (N)	The Simpsons	King	Metropolis	Cupid (N)
	- 4 OMNI	TwoHalf Men	The Simpsons	News	News	22 Minutes	According-Jim	According-Jim	The Hour	News Hour
	- 371 5 KKL	4 News at 6	4 News at 6:30	Jeopardy! (N)	90210 "Okaen, Donna"	NCIS "Nine Lives"	According-Jim	According-Jim	News Hour	News Hour
	245 306 6 CBRT	Coronation St.	Jeopardy! (N)	90210 "Okaen, Donna"	Rita Rocks	Friends	According-Jim	According-Jim	News Hour	News Hour
	244 338 7 CICT	ET Canada	Entertainment	90210 "Okaen, Donna"	Rita Rocks	Friends	According-Jim	According-Jim	News Hour	News Hour
	246 - 8 CKAL	Law & Order: SVU	Virginie (SC)	La Factice	Beautés désempées (SC)	NCIS "Nine Lives"	According-Jim	According-Jim	News Hour	News Hour
	119 705 9 CBFT	Virginie (SC)	La Factice	Beautés désempées (SC)	NCIS "Nine Lives"	According-Jim	According-Jim	According-Jim	News Hour	News Hour
	- 10 SHAW	(6) Local Programming	The Doctors	NCIS "Nine Lives"	Frontline/World (DVS)	Without Trace				
	- 372 12 KREM	News (N)	Hollywood	The Doctors	NCIS "Nine Lives"	Without Trace				
news	- 374 14 KSPS	NewsHour With Jim Lehrer	Nova (N) (DVS)	Seeking Refuge	Jeopardy! (N)	Wheel-Fortune	TwoHalf Men	American Idol (HDTV)	(10:01) Fringe (N)	News (N)
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	- 370 16 KHO	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	TwoHalf Men	American Idol (HDTV)	(10:01) Fringe (N)	News (N)	News (N)
	- 373 22 KAYU	The Simpsons	Raymond	Jeopardy! (N)	Wheel-Fortune	TwoHalf Men	American Idol (HDTV)	(10:01) Fringe (N)	News (N)	News (N)
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	500 500 29 CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Nancy Grace	Showbiz Tonight	UEFA Champions League Soccer	Prime Time	Final Score	Bounty Hunter	Super Bikes!
	508 502 31 CHN2	Lou Dobbs Tonight	Nancy Grace	Showbiz Tonight	UEFA Champions League Soccer	Prime Time	Final Score	Bounty Hunter	Super Bikes!	Super Bikes!
	400 400 21 TSN	Playoffs: Preview	SportsCentre (HDTV) (Live)	In This Corner	UEFA Champions League Soccer	Prime Time	Final Score	Bounty Hunter	Super Bikes!	Super Bikes!
	408 418 27 net	(6) MLB Baseball: Toronto Blue Jays at Minnesota Twins.	Sportsnet Connected	Uta Jazz at Los Angeles Lakers. (Live)	UEFA Champions League Soccer	Prime Time	Final Score	Bounty Hunter	Super Bikes!	Super Bikes!
	410 403 30 SCORE	NBA Basketball: Celtics at 76ers	NBA Basketball	Uta Jazz at Los Angeles Lakers. (Live)	UEFA Champions League Soccer	Prime Time	Final Score	Bounty Hunter	Super Bikes!	Super Bikes!
family	411 457 44 OLN	Mantracker	Bounty Hunter	Departures	Mantracker	Low Life	Low Life	Super Bikes!	Super Bikes!	Super Bikes!
	417 406 48 SPEED	Super Bikes!	Super Bikes!	Hot Import	Pimp My Ride	Pass Time	Low Life	Low Life	Super Bikes!	Super Bikes!
	552 543 20 YTV	Drake & Josh	iCarly	Adrenaline Proj	Survive This	Malcolm-Mid	Futurama	Family Biz (N)	Prank Patrol	Falcon Beach
	557 541 39 FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Family Biz (N)	Prank Patrol	Falcon Beach
	555 545 67 TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Family Biz (N)	Prank Patrol	Falcon Beach
	575 583 11 CMT	Reba	Hope & Faith	Hope & Faith	Anne Murray: One on One	Home Improve.	Home Improve.	American Dad	Reba	Reba
	553 546 17 TREE	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	- 18 CHTV	The Insider (N)	El News	Dr. 90210 "Trans-Parent"	The Biggest Loser (N)					News (N)
	505 398 19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch Two					
	602 568 23 W	Style by Jure	Style by Jure	Will & Grace	Friends	Remedy Me	Keep Real	Style by Jure	Style by Jure	Naked Beauty
cable variety	521 560 24 TLC	18 Kids-Count	18 Kids-Count	Toddler's & Tiaras (N)	17 Kids-Count	17 Kids-Count	17 Kids-Count	18 Kids-Count	18 Kids-Count	Toddler-Tiara
	603 561 25 FOOD	The F Word	The F Word	Good Eats	Good Eats	Iron Chef America	Unwrapped	Unwrapped	Unwrapped	The F Word
	615 520 26 A&E	The First 48 (HDTV)	Manhunters	Manhunters	Manhunters	Gangsta Girls	The First 48 (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	The First 48
	617 522 32 SHOW	Wife Swap	The Outer Limits	The Outer Limits	Mutant X "Blood Ties"	Testees	Trailer Park	Saving Grace	Saving Grace	Saving Grace
	601 562 33 SLICE	Rich Bride, Poor Bride	Rich Bride, Poor Bride	Rich Bride, Poor Bride	El Canada	Til Debt-Part	Real Housewives OC	Trading Sp	Trading Sp	Trading Sp
	- 633 34 ENC2	Tango & Cash	(7:25) The Contract ** (2000, Action)	The Game *** (1997, Suspense)	Michael Douglas.	Destroyed	Time Warp	Black Rain	Black Rain	Black Rain
	520 505 35 DISC	Destroyed	Time Warp	Combat School (N)	Daily Planet	Without a Trace	Without a Trace	Without a Trace	Without a Trace	Without a Trace
	620 523 36 BRAVO	Life Bruce Cockburn	Home Videos	Seinfeld	Family Guy	Family Guy	Family Guy	The Simpsons	The Simpsons	The Simpsons
	294 560 40 WPC	MLB Baseball	Air Force	Just for Laughs	Just for Laughs	Just for Laughs	Just for Laughs	The Simpsons	The Simpsons	The Simpsons
	626 547 41 COM	Laughs	Comedy Now	Air Force	Just for Laughs	Just for Laughs	Just for Laughs	The Simpsons	The Simpsons	The Simpsons

critics' corner

Hockey Night in Canada: Stanley Cup Countdown

Time for casual hockey fans to start paying attention, as Stanley Cup time is upon us. In this special, Ron MacLean gathers his Hockey Night in Canada colleagues together to lay the groundwork for the postseason by breaking down the eight playoff series and examining the 16 teams that will be taking part. 8 PM on CBRT



NCIS

The team's hunt for the person who brutally killed a Marine puts Gibbs (Mark Harmon) on a collision course with an old friend, senior FBI agent T.C. Fornell (guest star Joe Spano, "Hill Street Blues"). Michael Weatherly, David McCallum, Pauley Perrette and Sean Murray also star in "Nine Lives", Jon Huertas ("Castle") guest stars. 9 PM on CICT KREM

The Biggest Loser

Tim Gunn ("Project Runway") helps the contestants look their best after they receive complete makeovers from Tabatha Coffey ("Tabatha's Salon Takeover") and celebrity stylist Brandon Martinez. One contestant is sidelined with an injury that will dramatically affect her workouts. 9 PM on CHTV KHO

Mel Gibson's wife files for divorce

CELEBRITY The wife of actor Mel Gibson filed for divorce yesterday after 28 years of marriage, citing irreconcilable differences.

In divorce papers filed in Los Angeles Superior Court yesterday, Robyn Gibson asked for her 1980 marriage to the Lethal Weapon actor to be ended. The couple, who have seven children, asked for privacy in a joint statement.

Spector found guilty of murder

VERDICT Legendary music producer Phil Spector was found guilty yesterday of second degree murder in the death of actress Lana Clarkson. A Los Angeles jury returned the verdict against Spector, 69, after a five-month retrial. **REUTERS**

Kenya's Style

Kenya Hunt

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THURSDAY

DADDY'S GIRLS (6 & 9 ET/PT)

FRIDAY

DOGG AFTER DARK (6 ET/PT)
MUCHMOVIE: THE MATRIX (9 ET/PT)

MUCHMUSIC.COM/69ER



Robbie Williams will not be returning to Take That, former bandmate Gary Barlow says. Williams said last month a reunion was "looking more likely by the week," but Barlow said "Robbie won't be joining," *ananova.com* reports. **METRO NEWS SERVICES**

Celebrity Buzz

Young Miley defends memoir

PEOPLE Hannah Montana star Miley Cyrus has defended her memoir against critics insisting she's too young to publish her life story at age 16, *femalefirst.co.uk* reports.

Cyrus speaks out about growing up in the spotlight, being tormented by bullies and her breakup with singer Nick Jonas in her new autobiography *Miles to Go*.

And though the teen admits she still has many lessons to learn, she is convinced sharing her many experiences will be eye-opening for her young fans.

She tells *Glamour* magazine, "In the business I'm in, I have lived a life that some people who are in their 60s haven't lived. I've gone through a lot and seen a lot. But I still have a lot to learn."

METRO NEWS SERVICES



Brangie to adopt again?

KIDS After striking out in India and Burma, Brad Pitt and Angelina Jolie are reportedly looking to the Philippines to adopt their next child.

"Brad and Angie flew out together," a source tells the *Daily Mail*. "They want to add to their family and tried to adopt from Burma, but the authorities are very strict, so they decided to look at the Philippines."

However, Manila International Airport Au-

thority general manager Alfonso Cusi says there is no sign the couple has been in the country at all in the

last week.

"I have checked with all our offices co-ordinating VIP arrivals as well as with the Bureau of Immigration. Sorry to disappoint the fans, but they did not come to the Philippines," Cusi told the Filipino newspaper the *Inquirer*.

METRO WORLD NEWS



Madonna still wants Mercy

LEGAL Madonna is making it very clear that she still wants to adopt three-year-old Mercy James from Malawi, even though her initial application to take custody of the girl was rejected.

"I want to

provide Mercy with a home, a loving family environment and the best education and health care possible," Madonna told Malawi's the *Nation*.

And in a statement to CNN, the

singer said, "Though I have been advised that I cannot publicly discuss the pending appeal regarding my desire to adopt Mercy, I do want to say how much I appreciate the level of support that I have received from the people of Malawi and my friends around the world."

METRO WORLD NEWS



Get help: Sam to LiLo

BREAKUP While their very public breakup is more than a week old, friends say Lindsay Lohan and Samantha Ronson are still talking to each other — and Ronson is still concerned about Lohan's well-being. "Sam has begged

Lindsay to get help," a source tells *People* magazine. "Lindsay barely sleeps, which explains a lot of her behaviour. She's exhausted. She can't even sit down for a minute without pacing around the room. It's really sad."

METRO NEWS SERVICES



Blake's love child?

RUMOUR Looks like Amy Winehouse reconciling with her estranged husband, Blake Fielder-Civil, just got less likely.

Mother of two Gillen Morris tells *News of the World* that she's having another baby — and it's Fielder-Civil's.

The woman says she had a brief affair with Fielder-Civil

while in a rehab facility in February, and she's now six months pregnant.

"Blake seduced me and we had a secret fling,"

Morris tells the newspaper, adding that while he was shocked when he heard about her pregnancy, "he vowed to stand by me and raise the child."

METRO WORLD NEWS



Gay marriage bans 'apartheid': Charlize

OPINION Charlize Theron says the current marriage laws are a "form of apartheid," *femalefirst.co.uk* reports.

The South African-born actress — who



has previously stated she will not marry her long-term partner Stuart Townsend until same-sex marriage is legal in the U.S. — can't understand why America refuses to

give gay people the same rights as their heterosexual counterparts.

She said: "I don't like living in an elitist world, it bothers me. I don't want to be part of an elitist sexual preference. It bothers me, maybe it's because I come

from a country where I lived under apartheid but this is a form of apartheid and I don't want to be a part of that."

"It's not the reason I'm not getting married but it's maybe a part of it."

METRO NEWS SERVICES

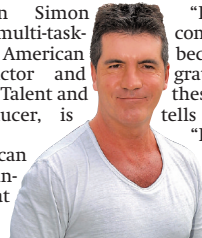
Simon's career time crunch

PEOPLE Even Simon Cowell, the multi-tasking judge of *American Idol*, *X Factor* and Britain's *Got Talent* and music producer, is questioning whether he can keep the candle burning at four ends.

"I don't want to come over as whiney, because I am very grateful that I have got these jobs," Cowell tells the *Daily Mirror*.

"But there is a point where I am not sure we can keep this schedule up."

METRO WORLD NEWS



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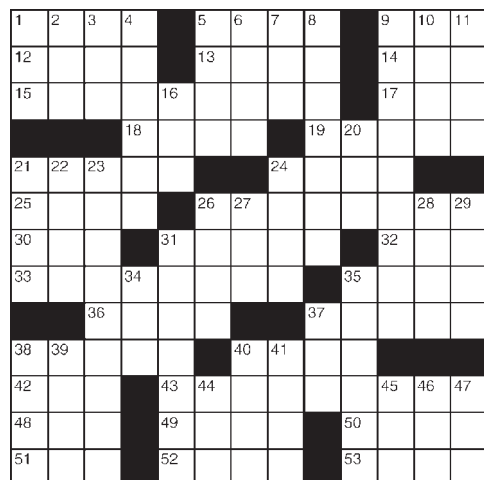




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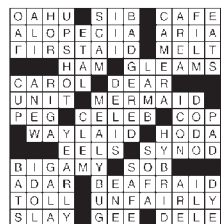
Crossword across

- 1 Cry like a banshee
- 5 "Say again?"
- 9 Crafty
- 12 Europe's neighbour
- 13 German car name
- 14 Tiny veggie
- 15 Peter Parker's alter ego
- 17 Cartesian conclusion
- 18 Hostels
- 19 Doves
- 21 Founded (on)
- 24 Unaccompanied
- 25 Swiss peaks
- 26 Directly
- 30 Floral neckwear
- 31 Actor Alan
- 32 NASA deviation
- 33 Last page?
- 35 Small combo
- 36 Nestling hawk
- 37 Dashboard features
- 38 Folkways
- 40 Painter Mondrian
- 42 Actress Gardner
- 43 1984 mockumentary subject
- 48 Buddy
- 49 Sea flock
- 50 Therefore
- 51 Wapiti
- 52 Method (Abbr.)
- 53 Turned blue?

Crossword down

- 1 Existed
- 2 Cleopatra's slayer
- 3 Mid-afternoon hour
- 4 Restroom designation
- 5 Caution
- 6 Runs smoothly
- 7 Oklahoma city
- 8 Small-timer
- 9 Freshwater algae
- 10 Begin
- 11 Sweet potatoes
- 16 Conclude
- 20 Yale student
- 21 Hairless
- 22 Sheltered
- 23 It takes thyme
- 24 Use a teaspoon
- 26 Spheres
- 27 Guitar's kin
- 28 Greet
- 29 Pairs
- 31 Accumulates
- 34 CBS logo
- 35 Named
- 37 Narcus' org.
- 38 Jerry Herman musical
- 39 Ellipse
- 40 Needles' mates
- 41 "Meet Me — Louis"
- 44 Use a crowbar
- 45 Take a shot at
- 46 Time of your life?
- 47 Home for 14-Across

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



7	9	4	6	1	3	5	8	2
6	3	8	9	2	5	1	4	7
1	2	5	4	8	7	9	3	6
2	8	7	5	3	9	6	1	4
5	6	9	7	4	1	8	2	3
3	4	1	2	6	8	7	5	9
8	5	6	3	9	2	4	7	1
4	7	3	1	5	6	2	9	8
9	1	2	8	7	4	3	6	5

Find today's answers + play more games at metronews.ca

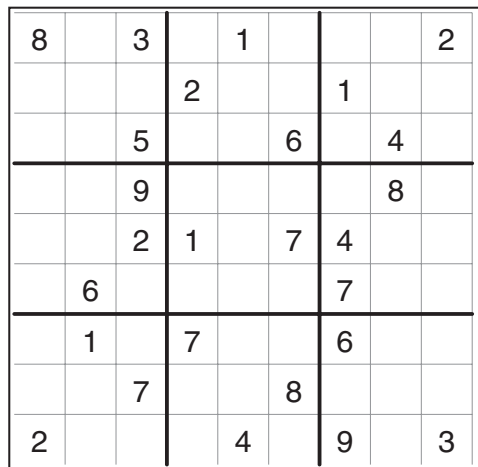
SUDOKU SOLVE TIME:

- Under 13 minGenius
- 13-17 minScholar
- 17-21 minSmart
- 21-25 minNot bad
- 25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Diner-style Hash Browns

INGREDIENTS:

- 1 1/2 lbs (750 g) all-purpose potatoes, peeled
- 3 slices turkey bacon, chopped
- 1 medium onion, chopped
- 1 medium green bell pepper, seeded and chopped
- 1/2 tsp (2 ml) paprika
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) freshly ground black pepper
- 2 tbsp (25 ml) margarine

METHOD:

1. Coarsely grate potatoes into large bowl of ice water. Let stand 10 minutes.
2. Meanwhile, cook bacon in large non-stick frying pan over medium-high heat until crisp, 5 minutes. Transfer to paper towels to drain, leaving drippings in pan.
3. Sauté onion and green pepper in pan until soft, 5 minutes. Transfer with slotted spoon to paper towel.

4. Drain potatoes, squeezing out water. Transfer to dish towel and pat dry. Combine potatoes, bacon, onion, green pepper, paprika, salt and black pepper in large bowl.
5. Add margarine to drippings and melt over medium heat. Spread potato mixture evenly in frying pan and cook, without stirring, until golden brown and crispy on bottom, 15 minutes. Place large plate over pan and invert. Slide potatoes back into frying pan. Cook until golden brown and crispy on second side, 10 minutes.

SERVES 4



Horoscopes

ARIES
MARCH 21-APRIL 20
Outsiders will cringe due to your ferocity. Discomfort brings a great deal to an end. An adored person rides off into the sunset.

LIBRA
SEPT 23-OCT 23
An intimate friend has a sordid tale to tell. There's no help for an innate personality defect. Take responsibility for teaching a lesson.

TAURUS
APRIL 21-MAY 21
Disregarded desire causes too much disharmony. You can't do something over again. A lover will find a way to build you up.

SCORPIO
OCT 24-NOV 22
Get professional advice about computer problems. A bungler will slow down progress. Watch out for toxic companions.

GEMINI
MAY 22-JUNE 21
Don't pass judgment on anybody. There's a fortuitous meeting with an ally. A brilliant performance gets noticed.

SAGITTARIUS
NOV 23-DEC 21
Have facts and figures ready for a younger person. A disgruntled associate puts the ball in your court. Transit problems cause quarrels.

CANCER
JUNE 22-JULY 22
A chatty buddy makes points with humour. A kind person takes note of your feelings. Start fresh when making decisions.

CAPRICORN
DEC 22-JAN 20
Scintillating memories will come to mind. A winning plan has everyone cheering. Don't get exasperated by a change of fortune.

LEO
JULY 23-AUG 23
Make a shocking request this afternoon. A forceful woman's skills come in handy. Get paperwork done before taking a drastic step.

AQUARIUS
JAN 21-FEB 18
Ask about a hidden need for security. Don't be wounded by a shocking experience. Triple check your thoughts before replying.

VIRGO
AUG 24-SEPT 22
Love life gripes force you to make a decision. Resist the desire to make impressive remarks. Don't ignore a favourite person's demands for loyalty.

PISCES
FEB 19-MARCH 20
Problems with a friend lead to emotional turmoil. People will visit and remove your fear of the future. Expect confusion and odd behaviour.

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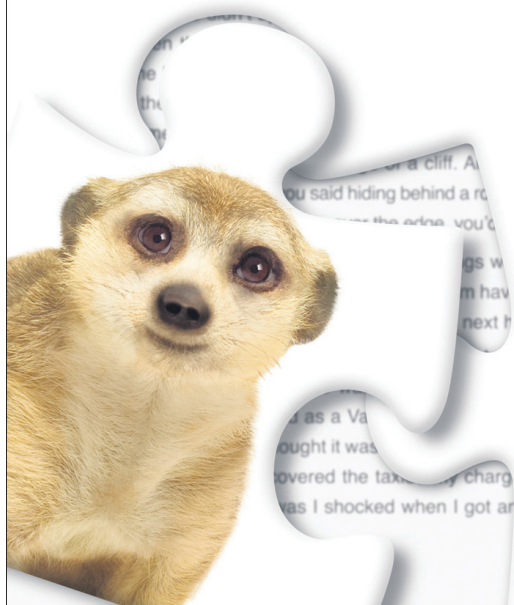
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Marlborough Mall
Sunridge Mall
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1353 32nd Ave. NE
2520 23rd St. NE
2000 McKnight Blvd. NE
323 - 2555 32nd Ave. NE

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Bow Valley Square
Chinook Centre
MacLeod Plaza
Southcentre Mall
TD Square
Westbrook Mall
Westhills Towne Centre
6039 Centre St. S
835 17th Ave. SW
245 - 225 7th Ave. SW
16061 MacLeod Trail S
264 - 6100 MacLeod Trail S
1 - 4623 Bow Trail SW
203 - 321 6th Ave. SW
5 - 2008 33rd Ave. SW
4825 MacLeod Trail S

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